

GWRRR KEYSTONE "B" NEWS

*Gold Wing Road Riders Association
Northeast Region B Pennsylvania District
February/March 2010*



CHAPTER GATHERING

February and March GATHERINGS

THE FEBRUARY GATHERING
WILL BE ON
FEBRUARY 27TH
AT
THE APPLE TREE
FAMILY RESTAURANT
100 SOUTH CENTERVILLE ROAD
LANCASTER, PA 17603
BREAKFAST @ 9AM
GATHERING @ 10AM

THE MARCH GATHERING WILL BE
ON MARCH 27TH



CHAPTER RIDE START LOCATION

Rides listed on the chapter event calendar will leave from the Official Chapter Ride Start Location:
Lancaster Shopping Center on Rt. 272 just south of the intersection with Rt. 30. (unless otherwise indicated)
We will gather near the A.C. Moore store at this shopping center. If you plan to join the chapter, please come prepared. Have your bike fueled, your bladder empty, and be ready to roll on time.

UPCOMING EVENTS—

- January—
- 19th—Ice Cream at George's
- 23rd—Gathering @ Apple Tree
- 26th—Ice Cream at George's
- February—
- 2nd—Ice Cream at George's
- 5th and 6th—District Staff Meeting
- 7th—Visitation to PA Chapter A
- 9th—Ice Cream at George's
- 16th—Ice Cream at George's
- 20th—Spaghetti Bingo—Chapter H-MD
- 21st—Chapter A 10th Annual Bowling Challenge Event
- 23rd—Ice Cream at George's
- 27th—Gathering at The Apple Tree
- 28th—Visitation to PA Chapter K
- March—
- 2nd—Ice Cream at George's
- 6th & 7th—Horizons Training in Chambersburg—contact Wayne & Kim Ferland
- 9th—Ice Cream at George's
- 13th—Dinner Ride-destination TBD
- 14th—Daylight Savings Time Begins
- 16th—Ice Cream at George's
- 19th—Staff Meeting @ 7pm, First Church of God, Lititz
- 19th—NEWSLETTER DEADLINE
- 20th—Visitation to Chapter L
- 23rd—Ice Cream at George's
- 27th—Gathering at Apple Tree
- 30th—Ice Cream at George's

More information about Friends, Fun and Safety in 2010 inside. WhooHoo!!! FUN!!

Occasionally it is necessary to change this calendar of events-please consult our monthly calendar on the PA B Chapter Website or newsletter calendar. And...when in doubt—Call Bonnie and John McClun @ 717-733-1870 or email @ mcclun@dejazzd.com

NE Region Director

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From Larry and Ruthann Greathouse— Chapter Directors

Happy 2010! I hope everyone reading our newsletter has had a very enjoyable Christmas & New Year Holiday.

Out -N- About – our theme for the next 3 years. A new year and lots of activity is happening in Chapter B. With all the members contributing to all the activity and events that we have planned, this should be a very exciting year.

December 12th we had a covered dish at Don & Mary Engle's house and then traveled over to the Warwick High School for their Christmas presentation, as everyone that attended you know Larry & I did not make that trip over to the High School, but that is a whole other story! The Warwick High School puts on a program compatible to a Broadway musical.

We had our annual Christmas breakfast with 36 attending at Willow Valley on December 26th

Then, we had the New Years Eve celebrations by attempting our 1st annual bowling adventure at the Blue Ball Bowling alley, this group of 18 is just getting started and may go pro at any moment and maybe try and attend the another Chapter's bowling event, who knows! After bringing in the New Year we traveled over to Rob & Mindy Plank's house for breakfast, about 12 of us went to this event for a great spread of food prepared by Rob & Mindy!

But the fun and eating does not stop there! We had our annual Polar Bear ride, of course we had rain, cold and ice the evening before, so we traveled in our cars, over 32 of us went to the Leola Fire Company. What a spread of food that fire company had and they serve over 1200 people that day and that doesn't count the number of carry out meals. But again the group did not stop there!

After devouring port & sauerkraut a group of 12 went to movies to see Avatar, if you have a chance please go see that movie and in 3-D too! Amazing! Oh, of course we had to go for ice cream after the movies, so 6 of us went to Friendly's!

Now you know we all have to go on some sort of diet to get ready for another big eating adventure.

On January 16, we traveled to Chapter Y as our very first official visit with 10 of us going, Connie & Earl, Wayne & Kim, Rob & Pat, Don, Dan & us. Eight (8) traveled using 4 wheels but our brave Dan "Polar Bear" Moyer was the only one to go on 2 wheels. He said it wasn't bad at all!

If you attended any of the above events you know what a great time we had, and if you haven't, please plan to join us, there is a lot more adventure and happenings coming up this year!

At the January Gathering the Chapter will be collecting money for the Haiti disaster. If you haven't contributed, please open up your hearts and wallets for this devastating situation in Haiti.

Always remember this:

If we do what we have always done – we will get what we have always gotten!

Safe Rides & Pleasant Trips
Larry & Ruth Ann



From the Chapter Assistant Directors—

John and Jeanne Parker



What a beautiful Christmas season! On December 12th we celebrated our Chapter Christmas Party at Don and Mary Engle's home. Their home was beautifully decorated for Christmas and they welcomed us warmly. Twenty chapter members brought their favorite covered dish and we all enjoyed a variety of delicious food. The evening was complete with a Christmas production at Warwick High School. This New Year's Eve eighteen welcomed 2010 with a "ball" - bowling ball that is. The evening was musical with a D.J., prizes and of course, food. The annual Polar Bear Ride happed on four wheels because of the extreme cold weather and the forecast of snow. Those who attended the New Year's dinner at Leacock Fire Company thoroughly enjoyed their time and are still talking about it.

At the staff meeting we discussed charities we could support this year. It was decided to participate in local charity rides such as: Ride for Hope, Ride for Sight, Ride for Cody and to assist other needs as we became aware of them. Chapter B's main focus will be assisting our military heroes and "Support Our Military Kids". Contact has been made with the VFW, and "Support our Military Kids". Events and ways in which we can support our active military are being planned and more information will be coming shortly. We want to involve all of our chapter members and we will be asking each member to participate. If you have any ideas, please let us know and we will research the options.

Mark your calendar for the February Spaghetti Supper - MD Chapter B - held in Bel Air, MD. Check the calendar for specific information. This is a great time and lots of prizes. The Tuesday evenings at George's Restaurant have proven to be a good place to meet. We just need more of you to join us. It has been too long since we have enjoyed your company. We know 2010 will be a great year with lots of activities, rides and fun, fun, fun. If you have ideas or things you would like to do, let us know and maybe we can work them out. Until we see you, stay well, be safe and lots of Hugs.

Jeanne and John
Assistant Chapter Directors

APRIL NEWSLETTER DEADLINE—March 19, 2010—

**WE WANT TO BE ABLE TO PUBLISH THE NEWSLETTER IN TIME FOR DISTRIBUTION
BEFORE OUR GATHERING.**

Please note that anyone may submit an article for the newsletter. Pictures and stories of where you have been riding and what you did there are always welcome. Who knows, maybe your adventure will entice someone to make it their adventure too.

Your articles and/or pictures may be submitted by emailing
Rob @ rsimmons@dejazzd.com or Pat @ presstech@embarqmail.com **Thanks!!**

From the Chapter Educators— Scott and Donna Weaver



Let's talk about the seasoned rider and what that rider needs to do to stay protected. I'm going to approach this subject from a different angle of which I found on the Motorcycle Safety Foundation (MSF) web site. The Seasoned Rider fact sheet provides key factors that highlight the effects of aging on motorcycle operation and motorcycle safety.

RIDER FUNCTIONS

Motorcycle operation is a task that involves visual and perceptual functions, attentive capabilities and motor skill responses. These human functions are addressed in the MSF Rider Education and Training System SM. (RETS) with the acronym of

S.E.E., which means Search, Evaluate, and Execute. S.E.E. is a dynamic decision-making process with overlapping functions for maintaining a safety margin. A rider must search for potential crash factors, evaluate the level of risk, and execute a smooth, controlled response in avoiding emergencies. Here are some specific effects and recommendations related to the aging process and S.E.E. that are applicable to seasoned riders.

Search

1. Visual clarity diminishes. This phenomenon is gradual and typically begins between the ages of 40-50. Having a periodic eye exam is a wise choice. Visual acuity declines modestly beyond age 60, as measured by high-contrast acuity charts.
2. Night vision is especially diminished. The eyes gather less light as a person ages making it more difficult to see clearly at night. On average, the older person requires four times more light than the younger person.
3. Peripheral vision diminishes. As visual acuity diminishes over the years, the side or peripheral vision becomes blurrier also.
4. Hearing diminishes. Although most input for decisions in traffic are perceived through the eyes, a rider shouldn't discount the value of hearing traffic sounds or motorcycle sounds that could indicate a mechanical problem.
5. Eyes are more sensitive to light. The rods and cones in the eyes become more sensitive over time, which makes adjusting to light sources more difficult. This is particularly true when responding to glare or oncoming headlights.
6. Eyes take longer to adjust from near to far objects and vice versa. The muscles of the eyes become less responsive over time and take longer to adjust to changes in the environment as well as changes when moving focal points between far and near.
7. Eyes take longer to adjust to dark. The weakened eyes muscles cause the eyes to dilate less quickly.
8. Depth perception diminishes. This may affect judging appropriate gap selection when passing another vehicle and when crossing or turning at an intersection.
9. Street and directional signs are more difficult to read. Difficulty in early sign recognition may increase the chance of input overload, which occurs when there is more going on in traffic than may be accurately perceived or processed.

Evaluate

1. Medications affect performance and behavior. Labels should always be read and a medical doctor's advice should be followed.
2. Complicated signage may be confusing. There are many situations, especially in unfamiliar areas, where a rider must contend with several points of information simultaneously. Often time older riders will need more time to process the information.
3. Space and distance are misjudged more frequently. Most riding decisions are based on input from visual processes. Any deterioration of visual functions will result in potentially misjudging elements of space and distance.
4. Awareness of impending risk is delayed. Eye muscles and body muscles react more slowly, resulting in delayed response time.
5. It may take fewer factors to interact to form a potential conflict. Crashes are typically caused by an interaction of factors. The number of road and traffic factors a rider may handle at any given moment varies, but aging may lower the number of simultaneous risk factors that a rider may be able to respond to safely.

Execute

1. Muscles are weaker. Muscle tone and strength deteriorate as a rider ages. Without weight training a person loses 6-10 percent muscle mass per decade starting at age 30.
2. Endurance is diminished. Oxygen is not utilized as efficiently and the muscles lose their elasticity.
3. Reaction time slows. Responding to factors may require more time and space because correct actions require perception, evaluation, and motor response (muscle) time. Reacting to a hazard may take twice as long for a rider who has moved into middle age (40 to 54 years of age), and up to three or four times longer after age 55 or so.
4. Control sensitivity lessens. The feeling of the road through the tires and handlebars lessens, as well as the feedback that occurs in cornering and braking. This may have serious implications in crash avoidance maneuvers.

RECOMMENDATIONS

Below are some riding tips and considerations that should be taken into account by motorcyclists. Although these practices may be appropriate for riders of any age, they are particularly valuable for riders who are reaching their more mature years.

Riding Tips

1. Keep a greater following distance, perhaps three seconds or more. Some authorities recommend up to a six-second interval.
2. Avoid complicated and congested roads and intersections. “Input overload” is a phrase often used to describe the presence of too much information to be able to process accurately. A good choice is to pick a route that contains less complicated roadways with less traffic flow and fewer turns.
3. Allow larger gaps when moving into a stream of traffic. Selecting a safe gap when passing another vehicle, and when crossing or turning at an intersection is an important decision for smoothly blending with others.
4. Make a point to check side-to-side at intersections. It is a wise motorcyclist that recognizes that eye movement and muscle movement (head and neck muscles in particular) become more difficult with age. A rider should take an extra moment to double-check cross traffic to get a good look.
5. Keep making good blind-spot checks. Traffic research shows that older drivers don’t check blind spots as well as younger drivers. An extra moment to ensure nothing is hiding in a blind spot may help reduce risk.
6. Have a passenger help you S.E.E. Passengers can be an additional set of eyes to help identify hazards and assess risk.
7. Keep windshield, helmet face shield and eyeglass lenses clean. Dirt and grime on a rider’s “window to the world” may adversely affect quick and accurate perception of factors such as traffic control devices, road markings, debris and other traffic movement.
8. Avoid tinted lenses at night. Any tint lessens the light available to the eyes and makes seeing well at night more difficult.
9. Wear sunglasses when glare is a problem. During daytime glare, good polarized sunglasses may reduce the effects of glare significantly and make identifying a traffic hazard easier.
10. Adjust mirrors to avoid glare from following vehicles. Sometimes a slight mirror adjustment may reduce the distracting effects of traffic behind you and still provide the perception necessary to identify hazards to the rear.
11. Keep the headlights clean and properly adjusted. During routine maintenance, be sure the headlight is aimed correctly. Refer to your owner’s manual for adjustment information.
12. Avoid glasses with wide frames or heavy temples. Eyeglasses or sunglasses may be constructed in a way that creates a blind spot. Be sure the frames do not inhibit side vision or create difficulty in seeing the entire field of vision.
13. Avoid being in a hurry. It is unwise to make up for lost time by riding aggressively. Leaving a little early will result in a more relaxed, enjoyable ride and create an opportunity for choosing greater time and space safety margins.
14. Remember that the average age of the driving population is increasing, and you are sharing the road with others who may be experiencing the effects of aging on their operation of a motor vehicle.
Keeping a greater safety margin is a wise choice.

Motorcycle Choice

15. Choose a motorcycle with large dials and easy-to-read symbols. Brightly illuminated gauges may be helpful for riding at night.
16. Choose a motorcycle that fits well and doesn’t cause muscles to strain because of an unusual seating position or because the controls are difficult to operate. How a motorcycle fits its rider may affect overall handling and performance at both low speeds and at higher speeds.
17. Good maintenance will keep your motorcycle operating like new.

Personal Responsibility

18. Wear protective gear. The muscles and bones are more prone to injury and the time for healing is often extended for an older person. Using extra body armor may help mitigate injury should a fall occur.
19. Renew skills often by completing a Motorcycle Safety Foundation ERC. The half-day of practice is always fun and helps keep riding skills fresh.
20. Separate alcohol and other impairing substances and conditions from riding. Over-the-counter and prescription medications could cause impairment. And don’t forget the possibility of synergistic impairment that occurs when drugs are used in combination.

Physical Health and Fitness

21. Have annual eye checkups. This is a good recommendation for anyone over the age of 35.
22. If 60 or older, be sure your eye doctor checks annually for cataracts, glaucoma, macular degeneration, diabetic retinopathy and other conditions associated with aging.
23. Keep an exercise regimen to enhance flexibility, strength and endurance. Fitness is important at any age. Maintain good muscle tone and flexibility to improve the enjoyment of motorcycling.
24. Ask a significant other if they notice changes that might affect safety on a motorcycle. Motorcycle operation is a complicated perceptual-motor skill, meaning it is a skill of the eyes and mind as well as the hands and feet. Identifying deterioration or weaknesses in other areas of normal living that require perceptual-motor skill, whether in the workshop, in the yard, or in the kitchen, should be used as clues that operating a motorcycle safely could also be affected. Source :(<https://www.retsorg.org>).

From Chapter B Couple of the Year —

Earl and Connie Breneman



Greetings Friends,

We hope everyone had a wonderful holiday season with family and friends. As far as we know everyone survived the first snow storm of the season. Some of you may be wishing for more snow and others may think we already had too much snow. But for us this time of year is for planning and thinking about all the places we want to go to and visit this year. As your Couple of the Year we hope to get to visit other Chapters when possible and we are planning our big trip to Wing Ding with other members and hoping to do many of the day trips with the chapter. We hope that you are also making your plans to Get Out and About with our Chapter.

We are now going to George's in Willow Street at Kendig Square for Ice Cream on Tuesday nights. We got to join the group and the food and dessert was really good and the waitress did a great job. It was good to see some new faces and we hope to see more folks come out and join us. We also had a great time on New Years Day at the Upper Leacock Fire Company when we met for Pork & Sauerkraut. Everyone arrived in the car because of the weather, but we still had a great time. There was 29 of us this year, and some people didn't even like sauerkraut.

As many of you know we have been keeping track of our members mileage since the beginning of 2009. We are now collecting the ending mileage from the end of the year so we can total up the miles our chapter has ridden this past year. If you are a new member to the chapter please give us your odometer readings for all your bikes at the beginning of 2010 so you can be included in 2010 total. We have received a lot of readings already and we hope to announce the total at the gathering this month. We are hoping for all riders to be part of the mileage total in 2010.

Hope to see you all at the gatherings in January and February - Snow or Shine

Earl & Connie Breneman - Chapter Couple of the Year

WING DING TIDBITS Wing Ding 2010 Goes to Des Moines, Iowa. They boast the largest climate-controlled skywalk system per capita in the world! Connecting meeting facilities, shopping, restaurants and entertainment, the extensive, 4 mile skywalk allows visitors to enjoy Downtown Des Moines all year long no matter what season it is.

Free motorcycle parking near the facility, and FREE shuttles from the downtown hotels.

If you are planning to attend, Region B would appreciate it if you would consider volunteering some of your time to help them fulfill some of their obligations. All volunteers receive FREE ICE CREAM and a Wing Ding Volunteer Badge along with lots of appreciation, thanks and gratitude from the Region Staff. Region B is responsible for the Light Parade and the Grand Parade and helping Region E with Security Support as well.



CONDOLENCES—

Our sincerest sympathies are extended to the Gary Dunn family.

Gary Dunn, Chapter A's Chapter Director lost his battle with cancer on Dec.19, 2009. Condolences can be sent to: Barbara Dunn - 70 Eagle Court - Gilbertsville, Pa 19525 Donations may be made in Gary's name to the American Cancer Society, c/o National Penn Bank, 1830 E. High Street, Pottstown, PA 19464: Attn Joan Gehris.



Ice Cream News



We are at Georges Restaurant (<http://georgesatkendigsquare.com>) (you can check the menu before you go) in Kendig Square at 2600 Willow Street Pike, Willow Street (N39 59.153 W76 17.019) for Tuesday night dinner/ice cream. We gather at about 6:15 pm and go until we are done. We will be there until the end of March. Kim and I continue to tweak and refine the "summer" ice cream night schedule. The schedule should be ready for distribution at the January gathering.

Penn State's Ice Cream Short Course is the oldest, best-known, and largest educational program dealing with the science and technology of ice cream. It also is believed to be the first continuing education course in the United States.

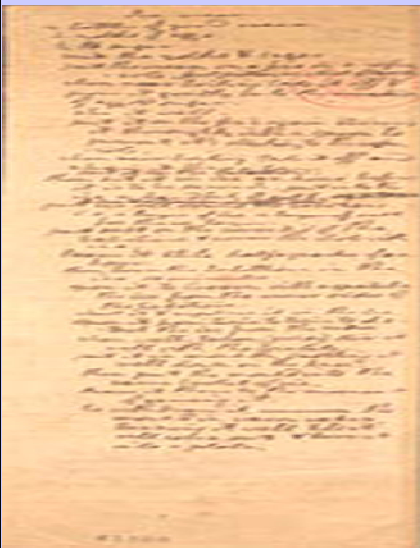
Beginning in 1892, when Penn State was known as The Pennsylvania State College, the School of Agriculture offered a class in dairy manufacturing during winter, "when farm work is least pressing and the boys can best be spared." Tuition was free and students were charged \$5 in incidental expenses and laboratory fees.

By 1925, ice cream had become so popular that a separate course devoted exclusively to the subject was established. Today, the College of Agricultural Sciences still offers the course in January, which is normally the slowest time for the ice cream industry.



Turkey Hill Flavor of the Month

FEBRUARY - Coconut Cream Pie (Creamy coconut ice cream swirled with coconut cream pie pieces.)



MARCH - Vanilla Swiss Almond (Vanilla flavored ice cream with choco almonds.)

American presidents George Washington, Thomas Jefferson, and James Madison all loved ice cream.

During the summer of 1790, Washington ordered \$200 worth of the delicious dessert: the equivalent of \$96,400 today!

Jefferson's handwritten recipe for vanilla ice cream.

Your Ice Coordinators: Wayne and Kim Ferland



NE Region & District Web Pages

Northeast Region B @

<http://www.gwrra-northeastregion.org>

Connecticut @

<http://www.gwrra-ct.org>

Maine @

<http://www.geocities.com/gwrramaine/index.html>

Maryland @

<http://www.gwrra-md-district.org>

Massachusetts @

<http://gwrrama.org>

Delaware @

<http://www.gwrradedist.org>

N. Hampshire @

<http://www.orgsites.com/nh/gwrra>

New Jersey @

<http://www.gwrranj.org>

Pennsylvania @

<http://www.gwrrapadist.org>

New York @

<http://gwrra-ny.org>

Rhode Island @

<http://www.gwrra-ri.org>

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<http://gwrra-vt.org>



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A Message from Your Dinner Coordinators ~

Walt and I have only been members of Chapter B for a couple of years and were surprised when Ruth Ann asked if we would be the dinner coordinators for the group for 2010. Happily, but with a little apprehension, we said, "Yes!"

We were told that our job is to make all the arrangements for the restaurants where we will be having a dinner. Since we are really just getting to know the great people in Chapter B, I asked for suggestions from the group for some of their favorite places to eat. A lot of you gave us some great ideas, so we are hoping to have some wonderful dinners again this year.

According to the schedule we were given, there will be dinners in March, April (at Ganley's Pub after garage day at Scott and Donna's home), June, July, October (Biglerville) and November.

Since our first dinner is in March (and most will probably be on four wheels) we decided to start our 2010 dinner tour at Lombardo's in Lancaster. The date for this dinner is March 13. I will be notifying members either through email or a phone call the end of February for an RSVP so that I can make the reservations at the restaurant. *If you happen to know now whether or not you will be coming to the dinner, please let me know.* I can be reached at 717-394-3293 or by email at gsiderio@comcast.net.

Walt and I are looking forward to some great meals with great new friends!

Ride Safe!

Walt and Gail Siderio



February Celebrations



BIRTHDAYS

4th—Anne Brubaker
7th—Ken Kingsboro
13th—Tom Cecil
15th—Mary Engle
25th—Ruth Fox

ANNIVERSARIES

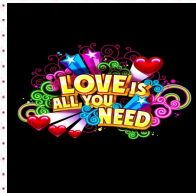
John and Vickie Fleece—14th
Wayne and Kim Ferland—21st

March Celebrations

BIRTHDAYS

5th—John McClun
5th—Mike & Ruth Ann Bucks
8th—Sanford Leaman
11th—Judy Goodno
16th—Urchil Wales
18th—Kirby Keller

23rd—Bonnie McClun
26th—Tonto Martin



ANNIVERSARIES

Craig and Sandi Lenhard—14th
Dave and Wanda Aument—15th
Rob and Pat Simmons—24th
Terry and Mary Heil—30th
Scott and Donna Weaver—30th


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**SAVE THE DATE—
CHAPTER PA-B
WILL HOST ITS ANNUAL
SPRING FLING ON MAY 22, 2010
AT THE EAST PETERSBURG, PA COMMUNITY CENTER.**



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Email: theappletreerestaurant@comcast.net

Bill Mamary • Owner

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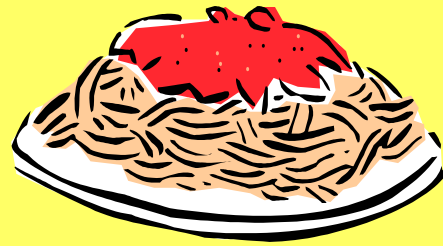
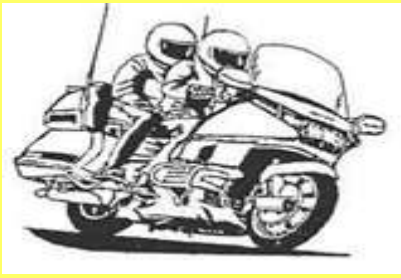
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Closed Sunday & Monday



**Come Join MD Chapter H For Their
13th Annual Spaghetti Dinner & Bingo**

Mt Ararat Masonic Lodge

136 E. Gordon St.

Bel Air , Maryland

February 20, 2010

Snow Date February 27, 2010

Doors open at 4:30 PM, Dinner at 5:00 PM, Bingo at 6:00 PM

MENU

Spaghetti, Italian Bread, Salad & Dressing

Coffee & Iced Tea, and Dessert

And a night full of Bingo Fun!!

Dinner cost will be: \$10.00 a person in advance OR \$12.00 at the door

Bingo Packages available for purchase.

Reservations are encouraged by February 13, 2010

Number Attending x \$10.00 = \$ _____

Name(s) _____

from Chapter _____

Please send reservation slip and a check made out to

“GWRRA MD Chapter H” to

Ms. Fran Haslup

4115 Baker Ave.

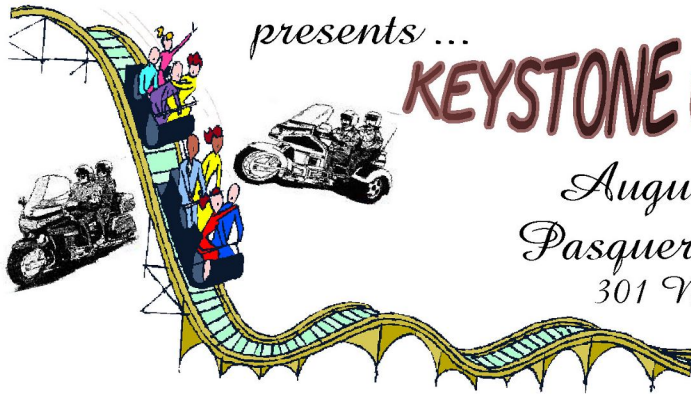
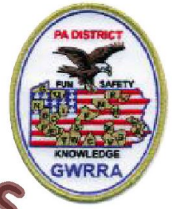
Abingdon MD 21009

Did you know that Scott Weaver is published??

Well, check out the bottom of the next to last page in the newest Wing World Magazine. There is the one and only “Silver Streak” with trailer in tow. What a beautiful setting. What a CLEAN bike!!!! Congrats, Scott.



GOLD WING ROAD RIDER'S ASSOCIATION 2010 PA DISTRICT RALLY



presents ...

KEYSTONE CARNIVAL of WINGS

August 26, 27, & 28, 2010
Pasquerilla Conference Center
301 Napoleon St., Johnstown, PA 15901



JOIN YOUR
FRIENDS FOR FUN SAFETY AND KNOWLEDGE

**We MUST have all registrations by August 20th,
NO full registrations or Banquet Passes will be sold at the Rally!**

Cut here and mail bottom portion

(Please print).....PA DISTRICT RALLY REGISTRATION FORM.....(Please print)



GWRRA MEMBERS:	Pre-registered by July 20, 2010:	\$42.00 X _____ = _____
	Pre-registered after July 20, 2010:	\$47.00 X _____ = _____
NON-GWRRA:	Pre-registered by July 20, 2010:	\$47.00 X _____ = _____
	Pre-registered after July 20, 2010:	\$52.00 X _____ = _____
	Saturday Day Pass WITH BANQUET:	\$35.00 X _____ = _____

TOTAL AMOUNT ENCLOSED: _____

For rally registration make checks payable to: GWRRA PA District

Mail to: Tom & Renee Wasluck, 279 Church Road, Mountain Top,, PA 18707

RIDER _____ AGE: _____ GWRRA # _____ Exp. Date _____
 CO-RIDER _____ AGE: _____ GWRRA # _____ Exp. Date _____
 ADDRESS _____ CITY _____ STATE _____ ZIP _____
 REGION _____ DISTRICT _____ CHAPTER _____ CURRANT GWRRA POSITION HELD _____
 MILES TO RALLY: _____

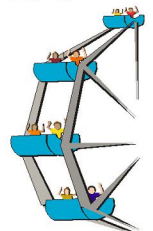
Cancellations by mail or e-mail MUST be received by August 1, 2010. No cancellations after August 1, 2010

There will be a \$10.00 per person handling fee for all cancellations. No phone cancellations accepted

NOTE: ONLY PRE-REGISTRATIONS RECEIVED BY AUGUST 1ST WILL BE CONSIDERED FOR STATISTICAL AWARDS

I/We agree to hold harmless GWRRA, co-sponsoring organizations, or any property owners for any loss or injury to self or property in which I/we may become involved by reason or participation in this rally.
I/we also agree to assume responsibility for any property I/we knowingly damage.

Rider's signature _____ Date _____
Co-rider's signature _____ Date _____



MEET THE STAFF FOR 2010 AND BEYOND...



Larry & Ruth Greathouse
Chapter PA-B Directors



John & Jeanne Parker
Assistant Chapter Directors
Event Coordinator-Jeanne



Scott & Donna Weaver
Rider Educators



Earl and Connie Breneman
Couple of the Year 2010
Treasurer-Connie



Ride Coordinators
"Chip" and Judy Goodno



Wayne and Kim Ferland
Ice Cream Coordinators
District Trainers



Don Engle
M.A.D. Coordinator



Walt & Gail Siderio
Dinner Coordinators



Duayne and Shirley Keen
Birthdays, Anniversaries, Get
Well Card Coordinators



Rob and Pat Simmons
Newsletter Editors

Out 'n About in December '09 and January '10



Toys for Tots donations, 50th Birthday Party for Rob Plank, Willow Street for Breakfast, Blue Ball Lanes for New Year's Eve, Breakfast at Plank's after bowling, Polar Bear Ride sans the motorcycles, Pork and Sauerkraut, visitation to PA Chapter Y's Guys

2010 Roll for the Dough Guidelines

Pennsylvania District has a new program called “ **Roll for the Dough** ” and the purpose is to encourage our Chapters to visit each other and attend Rallies in other Districts within our Region.

The District will pay the 2011 Chartering fees for each Chapter that has achieved 20 points during the period from November 1, 2009, through October 31, 2010. The Chapter that has the most points in excess of the 20 required points would also receive a \$100 check from the District.

Chapters can earn points by attending another Pennsylvania District Chapter’s scheduled event such as a Ride, Poker (Dice Run), and Chapter Gathering. Chapter visits will only earn 1(one) point. Also included in the approved chapters are any chapters from our neighboring border states such as New York, Ohio, New Jersey, and Maryland. Any Chapter-to-Chapter visit will only earn 1(one) point.

2 points will be awarded for attending All Chapters East and 2 points for All Chapters West.

If your Chapter attends a Rally with in the North East Region they will earn 2 points. The Rally’s for 2010 are The New England Rally, the New Jersey/New York Rally, Maryland’s Winter Thing, and of course the Pennsylvania District Rally.

The Rules:

- 1 Six card-carrying members from your chapter must attend the event.
- 2 The “host” Chapter or District must verify your attendance via email or telephone call to the Chapter Visitation Coordinators, Clair and Ruth Matter • Phone # (570)-998-9722 or E-mail • RollForTheDough@hughes.net
- 3 AND the Chapter Visitation Coordinators must receive a printed group photo of your members at the event. If arrangements are made with the Coordinators and a digital picture is taken it can be sent using the Internet.
- 4 You can only get credit for one visit to any chapter one time per year regardless of the type of event you are attending.

The Pennsylvania District Director, Assistant District Directors and any person on Region or National Staff from Pennsylvania are not eligible to be counted in your six card-carrying members. It is our feeling that Region and District Staff have a responsibility to get out and visit the Chapters and should not “benefit” from this activity. All other PA District Staff is eligible to be counted and it is our hope that they along with the Chapter Directors will take an active role in the visitations.

February 2009

S	M	T	W	T	F	S
Jan 31	Feb 1	2 George's Restau- rant, Kendig Square @ 6:30pm 	3	4	5	6
7 Chapter PA-A Visitation Leave Ephrata WalMart @ 7am 	8	9 George's Restau- rant, Kendig Square @ 6:30pm 	10	11	12	13
14 Happy Valentines Day 	15	16 George's Restau- rant, Kendig Square @ 6:30pm 	17	18	19	20 Spaghetti Bingo @ Chapter H-MD 
21 Chapter PA-A 10th Annual Bowling Chal- lenge Event 	22	23 George's Restau- rant, Kendig Square @ 6:30pm 	24	25	26	27 Gathering @ The Apple Tree Restaurant 
28 Chapter PA-K Visitation— Leave AC Moore @ 7am 	March 1	2 George's Restau- rant, Kendig Square @ 6:30pm 	3	4	5	6

March 2010

S	M	T	W	T	F	S
28	March 1	2 George's Restaurant, Kendig Square @ 6:30pm 	3	4	5	6 HORIZON'S TRAINING
7	8	9 George's Restaurant, Kendig Square @ 6:30pm 	10	11	12	13 Dinner @ Lombardo's in Lancaster-sign up Gathering
14 Daylight Savings Time Begins 	15	16 George's Restaurant, Kendig Square @ 6:30pm 	17 St. Patrick's Day-Top of the Morning to You 	18	19 Staff Meeting 7pm Lititz First Church 	20 
21	22	23 George's Restaurant, Kendig Square @ 6:30pm 	24	25	26 	27 GATHERING @ Apple Tree Restaurant 9am Breakfast 10am Gathering
28	29	30 George's Restaurant, Kendig Square @ 6:30pm 	31	April 1	2	3
4	5	6 George's Restaurant, Kendig Square @ 6:30pm 	7	<p>Will I Live to Be 80? Here's something to think about.</p> <p>I recently picked a new primary care doctor. After two visits and exhaustive lab tests, he said I was doing 'fairly well' for my age. A little concerned about that comment, I couldn't resist asking him, 'Do you think I'll live to be 80?'</p> <p>He asked, 'Do you smoke tobacco, or drink beer or wine?' 'Oh no,' I replied. 'I'm not doing drugs, either!'</p> <p>Then he asked, 'Do you eat rib eye steaks and barbecued ribs?' I said, 'No, my former doctor said that all red meat is very unhealthy!' 'Do you spend a lot of time in the sun, like playing golf, sailing, hiking, or motorcycling?' 'No, I don't,' I said. He asked, 'Do you gamble, drive fast cars, or have a lot of sex?' 'No,' I said.</p> <p>He looked at me and said, 'Then, why do you even care??'</p>		

Fun, Safety and Knowledge
for
Friends



GWRRA PA Chapter B
1011 Hammon Ave.
Ephrata, PA 17522